

Week 1	Week 2	Week 3	Week 4
MONDAY Oven baked macaroni cheese with broccoli	MONDAY Freshly baked margarita pizza with beans	MONDAY Sweet & Sour quorn with rice and selection of vegetables	MONDAY Sausage & lentil casserole Veggie sausage & lentil casserole
TUESDAY Butternut squash korma with rice	TUESDAY Creamy sweetcorn & tuna pasta bake	TUESDAY Lamb tagine Vegetable tagine	TUESDAY Lamb moussaka Vegetarian moussaka
WEDNESDAY Vegetable tofu chow mein with noodles	WEDNESDAY Spaghetti with tomato and basil sauce	WEDNESDAY Kedgeree	WEDNESDAY Caribbean rice and peas
THURSDAY Chilli con carne with potato wedges Vegetable chilli	THURSDAY Chicken & vegetable pie with cheesy puff pastry Vegetable casserole with cheesy puff pastry	THURSDAY Cous cous with roasted vegetables	THURSDAY Tagliatelli with ham, coriander and vegetable ribbons
FRIDAY Leek & potato soup ----- Lemon drizzle cake	FRIDAY Carrot & coriander soup ----- Chocolate pudding	FRIDAY Lentil & tomato soup ----- Apple Johnny & ice cream	FRIDAY Butternut squash soup ----- Sticky toffee pudding